

Catholic Prayers: Akita Prayer



**Most Sacred Heart of Jesus, truly present in the Holy Eucharist,
I consecrate my body and soul to be entirely one with Your heart,
being sacrificed at every instant on all the altars of the world
and giving praise to the Father pleading for the coming of His Kingdom.**

Please receive this humble offering of myself.

Use me as You will for the glory of the Father and salvation of souls.

Most Holy Mother of God, never let me be separated from Your Divine Son.

Please defend and protect me as Your special child. Amen.

On 6 July 1973, the Blessed Mother first appeared to Sister Agnes Sasagawa in Akita Japan. In these apparitions, Mary taught Sister Agnes this prayer.